



CashVille Kidz Episode 14: Dream Book

Source: <https://www.youtube.com/watch?v=dWTEx4rbM4M>

Transcript

Barry: Now I know Lizzie, it's okie I don't know what that thing is Sens but it's going to realize I don't Lizzie

Suzy: Yes, Sens that things is kinds of creepy.

Sens: This is K @12, my latest invention

Penny: It's cool but what does it do?

Sens: Well first of all, it is lizard

Barry: That's not funny, Sens.

Sens: Walk, she create that craft

Barry: Honestly, Sens, how do you come up with this train use ideas?

Sens: It's easy I just dream about this

Suzy: You dream about meeting robots. That's strange.

Sens: Not really, Suzy. It's called Visualization. It's a technique that's been around for a long time

Barry: Sounds like watching TV to me

Penny: No Barry, it's like when you're thinking yourself doing something before you actually do it

Barry: Well, excuse me

Penny: I view visualization in gymnastics before. In fact, could you thought the boy in the football team about the visualization, watch yourself kicking the ball, let the ball go through the uprights. You know, things like that.

Barry: So you think that I can dream about myself doing the trick on my skateboard and then I can go and do it.



Sens: Yeah, like that. It's really quite an effective technique. Many successful people have used it to gain self-confidence. Then, use it to solve problems too.

Barry: It's like your robot, Sens. Creepy.

Mr. Fortune: Hello Penny, how are you today?

Penny: Oh, hello, Mr. Fortune, I didn't see you are coming.

Mr. Fortune: I'm fine thank you. I thought you looks lots in thoughts. So what's on your mind?

Penny: I was just thinking about my gymnastics routine. I'm just not happy with this. Something's missing.

Mr. Fortune: Well, I really don't know much about gymnastics, Penny. But have you tried using visualization?

Penny: It's funny that you should mention that we were just talking about visualization yesterday. Sense uses it to help him design his gadget. Barry thought it was strange but I think it can be helpful. That's what I was doing when you worked out. I was visualizing my routine.

Mr. Fortune: But have you solved the problem yet?

Penny: Not yet, but I will try again later. So where are you going today Mr. Fortune?

Mr. Fortune: I'm not going anywhere. I enjoy walking. It gives me a change to think about new ideas and goals.

Penny: So, you are visualizing what your goals are?

Mr. Fortune: Very good, Penny. That's exactly what I do. Then when I finish my walk, I add the ideas to my "Dream book".

Penny: Your "Dream book"?

Mr. Fortune: This is why I put all of my goals in my "Dream book"

Penny: So, you've just write them down in the book, like a journal?

Mr. Fortune: Not exactly, I don't really write them down. I draw them or make some kind of picture of articles. Sometimes I cut pictures from a magazine or print something of my computer and paste them in my book.



Penny: It sounds like you are using the “Dream book” to visualize your goals.

Mr. Fortune: Exactly and because you have put in a book, you can always go back and see them.

Penny: That’s sounds like a cool idea. Oh oh, I am going to be late. I promised Sens to see him at the Money Tree. Bye Mr. Fortune.

Mr. Fortune: Bye Penny, yep.

Barry: Hey, Suzy, you are doing some shopping?

Suzy: You know that the mall is my second most favourite place in the world.

Barry: And what’s your first most favorite place?

Suzy: My bedroom, of course. It has everything I need. If there is something I don’t have, I buy here at the mall and put it in my bedroom and then I still have everything I need.

Barry: Suzy, you’re amazing. I’m happy just to have a ball ice-cream but you just buy everything in site. I can’t imagine what it must be like.

Suzy: Oh, it’s harder than you might think because I can buy anything. Sometimes I can’t even make up my mind. Look, it’s Sens and Penny. Hi Sens. Hi Penny.

Penny: Hi Susie, what do you today?

Suzy: Oh, not much, just a couple of things.

Sens: Twelve first more than a couple.

Barry: I wish I could just buy anything I wanted. Yeah, so many things I will buy.

Penny: What things would you like to buy?

Barry: Well, everything.

Sens: You can’t have everything, Barry. You are not like Suzy. You have to decide what you need.

Penny: Have you make a list of everything you would like to have?

Barry: No, I haven’t because I want everything.

Penny: You should make a “Dream book”, Barry.

Barry: Oh, what?



Penny: A “Dream book”, Mr. Fortune was telling me about it earlier today. He told me that he put speeches of things he wants to get or a trip in his “Dream book”

Barry: I have to admit that it’s a good idea

Suzy: I’m going to make a “Dream book” too.

Barry: What will you put in your “Dream book”? You already have everything.

Suzy: A bigger bedroom, of course.

Penny: A “Dream book” is a collection of speeches of things you wish to have in your life in the coming years. A powerful visualization tool that has been used by many leaders in successful people around the world. A “Dream book” contains all your visions and goals that you want to achieve in the future. Your dream we will have everything you want to have, be or do in your life. The purpose is to help you visualize what you want to achieve in life and keep you motivated and focused on what you want. The power of visualization is truly one of the most powerful tools to achieving all your dreams. Whatever you can visualize, on achieving, your mind is able to focus on how to get there. Remember whatever the mind can conceive and believe, it can achieve.